



ADVICE FROM THE CLASS OF 2009 By Ariel Amaya('09)

They say you can always find the best advice in the most unusual places, or from the most unexpected people. Hopefully that holds true for what I'm about to say.

Usually, when underclassmen are given advice from those who have already endured their upcoming challenges it comes from individuals that are considered the "cream of the crop," or straight "A" students.

In this case it is being given by a student that has sustained a "B" average throughout four years of H.S. and is infamously known for some minor behavioral misconduct. I like to think of this as advice from someone to whom you can actually relate; the more human side of us homework-doing, take-testing students.

I wish to begin by addressing the class of 2012, the sophomores.

Academic Advice: Many of you in your freshmen year, at the 29th best school in the entire universe, probably endured the hardest academic challenge of your lives, and I can promise you it only gets harder. When you begin sophomore year things will



The Class of 2009 once were frosh students too. (Lowell, MA 2006)

seem easier due to the fact that you're already used to the tremendous workload, but this may only be a mirage of what is to come.

Don't fall into the trap and slack off as I did at the beginning of sophomore year, because there is no going back. With that said, there is some room for error as you can always rebound in the all-important junior year and show colleges you've "matured" as a student.

Social Advice: I'd say this year

would be a boyfriend or girlfriend year, depending on your preference, because next year the work load might get in the way of any puppy-love relationship you might have.

Now on to the class of 2011, the class which everyone raves about.

Academic Advice: Hopefully you saved some of that hard work ethic for this year! My first piece of advice goes to those who are taking multiple AP courses; enjoy as much sleep as you can (Continued on page 2)

KEEP IN TOUCH

By Jordan Tucker('09)

It crosses the mind of almost all students at some point or another. It can happen many times throughout one's academic career. "Will I be able to keep in touch with my friends after graduation?"

Many of the new graduates at HSAS are pondering the same question right now. Some of them have found the answer while others are still searching. *Common Sense* investigates.

"I plan to keep in touch but I saw what happened after Middle School graduation,"

Many of HSAS's students have dealt with this question before in middle school. "I plan to keep in touch but I saw what happened after middle school graduation," claims Katie Adrian('10). She went on to say, "I still talk to a lot of them, but it's not the same."

Valerie Gonzalez('09) responded by saying, "High school is different from middle school because I like the people better and I'll work harder to keep in touch." (Cont'd on page 2)

SPEAK OUT ON

AP'S By CeresJoy Respicio('09)

From May 5th to May 14th, HSAS upperclassmen were tested on their abilities to handle pressure. During the course of these two weeks, a total of seven Advanced Placement (A.P.) exams were given to sophomores, juniors and seniors.

During sophomore year, students are given an option to take A.P. World History. This begins their journey through a year full of hard work and a test to top it off when the course came to an end.

"I took A.P. Global because I wanted the extra 10% on my GPA," Maddie Montes de Oca('11) explained. "I think I did well and I'm hoping for a 4. I plan on taking three more tests next year."

During junior and senior year, a wider variety of classes is available, ranging from A.P. Spanish to A.P. Chemistry. Several students even have the option to take more than one A.P. course at a time.

"I took A.P. Spanish, English Language and Composition, and American History," stated Chris

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GYM CLASS

INJURIES By Kristina Jaku('09)

It seems as though many sports events or gym classes at HSAS are hazardous; many students have come out of them crippled and injured. From simple games such as soccer and speedball, our students are emerging with bruised arms, re-injured knees, and sore ligaments. There is one question that we must ask these injured students: what in the world is going on at HSAS?

**"Wow, I hope that never happens to me."
-Lismelia Vargas('12)**

Hyatt Mustefa('09) re-injured her knee a couple of years back when the infamous Benny Tineo('07) accidentally slammed her into a wall while playing speedball in gym class.

"I kind of just crumpled to the floor after that," said Mustefa, in regards to the damage done to her knees again after being a victim of an over competitive classmate.

Cody Austrie('11) shared, "Julian hit me and I fractured my ankle," showing that he too, has been a victim of violent gym class members.



A. Amaya('09) damaged his body during physical activity.

When told about the amount of injuries sustained in gym class alone, Lismelia Vargas('12) said, "Wow, I hope that never happens to me. And what's up...?"

Mr. Schulman responded, "I lead a very safe class. Accidents happen."

Some may think that by avoiding gym class, they can prevent being injured, but it is

surely not the case at HSAS.

Lamine Gueye('09) and Ariel Amaya('09) both hurt their arms in club sports. Lamine's broken arm was caused by a hard fall while at practice in the Soccer Club, and Ariel's shoulder ligament was torn at a basketball game. Hai Lin('12) hurt his ankle while playing basketball in the Apex after school.

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