



HIGH SCHOOL OF AMERICAN STUDIES
AT LEHMAN COLLEGE



ALL TIME TRACK TEAM RECORDS

Last Updated: Tuesday, May 26, 2009

Men's Track Team

Men's Freshman Records

Events	Athlete's Name	Time / Season	Athlete's Name	Time / Season
100 Meter Dash	Sonike Hendricks	11.70 sec Spring '07	Michael McKinnon	12.10 sec Spring '06
200 Meter Dash	Michael Dei	24.22 sec Spring '08	Steven Mieses	25.80 sec Spring '05
400 Meter Dash	Michael Dei	51.5 sec* Spring '09	Michael Dei	58.5 sec* Spring '06
800 Meter Run	Hiroshi Nobuoka	2 min 09* sec Spring '09	Hiroshi Nobuoka	2 min 21 sec* Spring '06
One Mile Race (1600m)	Paul Fiore	4 min 32 sec Spring '06	Hiroshi Nobuoka	5 min 31 sec Spring '06
Two Mile Race (3200m)	Paul Fiore	10 min 2 sec Spring '06	David Moretti	14 min 17 sec Spring '05
Steeple Chase (3000m)	Hiroshi Nobuoka (With Water)	11 min 03 sec Spring '08	Hiroshi Nobuoka (2000m)	7 min 34 sec Spring '06
High Hurdles (110m)	Christopher Velez	21.7 sec Spring '08	Not Attempted	Yet
Intermediate Hurdles (400m)	Not Attempted	Yet	Not Attempted	Yet
4x100m Relay	M. McKinnon, M. Dei; I. Suero; & J. Alexander	46.84 sec Spring '09	A. Bain; M. Dei; I. Suero & M. McKinnon	51.27 sec Spring '06
4x200m Relay	Not Attempted	Yet	Not Attempted	Yet
4x400m Relay	M. Dei; I. Suero; M. McKinnon & H. Cames;	3 min 37 sec Spring '09	M. McKinnon; H. Nobuoka; I. Suero & M. Dei	4 min 7 sec Spring '06
4x800m Relay	H. Nobuoka, U. Rodriguez; C. Velez & M. Cadenas;	8 min 59 sec Spring '09	H. Nobuoka; M. McKinnon; C. Velez & I. Suero	10 min 6 sec Spring '06
4x1600m relay	H. Nobuoka; U. Rodriguez; C. Velez & D. Arcos	22 min 22 sec Spring '08	Not Attempted	Yet
Sprint Medley	P. Bufano; T. Joseph; R. Vidal & P. Fiore	3 min 58 sec Spring '06	Not Attempted	Yet
Distance Medley	Not Attempted	Yet	Not Attempted	Yet
Long Jump	Daniel Arcos	17' 5" Spring '08	Not Attempted	Yet
Triple Jump	Not Attempted	Yet	Not Attempted	Yet
High Jump	Sean Neill	5' 2" Spring '09	Not Attempted	Yet
Pole Vault	David Moretti	9' 0" Spring '08	Not Attempted	Yet
Javelin	Carl Gayle	75' 5" Spring '08	Not Attempted	Yet
Discus Toss	Jake Ruiz	98' 7" Spring '08	Not Attempted	Yet
Shot Put	Carl Gayle (12 lbs)	35' 6" Spring '08	Carl Gayle (8 lbs)	31' 0.5" Spring '05

* Indicates a record set during a relay race